

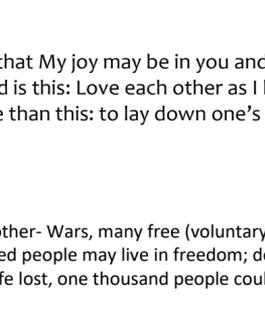
Top stories in this newsletter

Light in Glen Urquhart

Vibrant Christian Life

Jason Leitch Kate Forbes interviews

Full List of Church links



To the church...

'I have told you this so that My joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends.' John 15:11-13

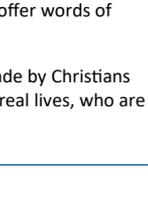
Dear friends,

In two World –and many other- Wars, many free (voluntary) enrolled soldiers died, so that many more occupied people may live in freedom; death for life. Figures show that for one single Allied life lost, one thousand people could live in freedom. An upside-down reality.

Christ is the King of this reality and the reality of Christ's –upside-down- Kingdom, is that He died so people may live, as He won by serving and triumphed by losing. The upside-down ethics of that Kingdom are the Beatitudes, the upside-down values are lived through the fruit of the Spirit. The upside-down attitude is joy in the face of suffering and loving those who hate us.

a prayer from [The Dietrich Bonhoeffer Institute](#)

Father, as we face the day, in a world where we are taught to fight for what is rightfully ours, help us to remember that we already have everything we need. We have already gained everything there is to gain. And we have already been given everything there is to inherit.



His single life is lost, so billions could live in freedom. The call of His sacrifice is for us to live upside-down, free, courageous, abundant, loving God and loving others.

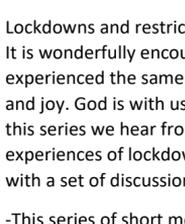
In Glen Urquhart, the Light is shining

We have heard from minister Hugh Watt that lots of goodness is happening in and around Drumnadrochit. There is delight that the people from the congregation have been looking after folks via telephone conversations (especially where physical contact is not allowed) and also getting involved in the village schemes for physical support of needy people.

Among many stories, Fiona shares these three, as she has been praying every day and asking God who He would like her to connect with. She ended up going to someone one day and them saying, 'Did you know it is my birthday?' The lady was delighted and asked for a prayer which she said made her birthday very special. Next, she felt led to contact a lady who runs a local business, who was very anxious, and was able to offer her support and a listening ear; she was very touched. Even more, she contacted a young mother with serious health issues and worried about her future as she wasn't able to have her treatment, able to listen and offer words of comfort and peace.

The light has been shining in this community as connections are made by Christians taking Jesus' love into people's situations, through real stories and real lives, who are just a phone call away.

A Vibrant Christian Life – part 2 of 4



If a church is working well, it will be made up of Christians who understand the role God is asking them to play in their life. This is part 2 of the Wheel Illustration, challenging us to think deeply about how to become more effective, obedient, vibrant Christians with a faith (the rim) that will move where He wants us to go. We will explore the centre and the hub of the wheel.

The Volitional Dimension; Relating to ourselves:

it's all about Jesus.

The Hub: Christ the Centre



Total surrender to Christ's authority and lordship is a decision made at conversion, but might take a lifetime to mature, as it is a longterm act of our will. The Bible teaches that for believers, the "old life" has gone and the new has come (2 Cor 5:17), and Christ dwells through us instead (Gal 2:20). God creates within us the desire to do what He wants us to do in order to express His lordship in our lives. May our continuing prayer be that He takes the centre of our lives as we recognise the benefits of greater surrender to Him.

The wheel's Rim: Obedience to Christ



Obedience to Christ as the centre effects our attitudes, habits, motives, values and day-to-day thoughts. These at the internal core surface outwards and effect our relationships with both God and other people. The rim, the outward expression of our faith is an indication of inward health and love for Christ through worship (John 14:21, Rom 12:1). When our love for Christ is real and healthy, it will express itself outwards as beautiful fruit of the Holy Spirit.

Further [description and background](#) here. Printable leaflet [here](#).

Next week: The Vertical Dimension: How You Relate to God

Lockdown Stories from the Bible

Lockdowns and restrictions have challenged so many people in 2020. It is wonderfully encouraging to read in our Bibles of people who experienced the same fear and loneliness but emerged with great hope and joy. God is with us in lockdowns and isolation, and He has a glorious plan. In this series we hear from Noah, Joseph, Jonah and Paul as they share their experiences of lockdown and isolation. Each session features a short video along with a set of discussion questions which can all be found [here](#).

-This series of short monologues is worth checking out and sharing. They have been inspired by stories and questions from our Presbytery. Especially the story called 'Lockdown Blessings' in Here to Serve edition 10, where a 6 year-old boy in Ardersier's Sunday Club shared an analogy of Noah in lockdown on his boat.-

Turning daily grinds into God moments

It does not always take much to turn everyday run of the mill grind into an invigorating life with God. Like one of our people having turned their walk to the shops into a prayer walk, another one of us does weekly vacuum cleaning around the house. After a while the headphones went on with music. But now this has been replaced by listening to a great sermon, turning a boring chore into a stimulating task, an enriching time with God, where, at times the chore is lengthened just to allow great words to sink in.

Is there anything you've done to change a daily or frequent slog into a time with or for God? Would you please share it here, it might change our lives too.

Inspire a young person and affect a lifetime

Two weeks ago, 13 people came online to discuss [Intandem](#), a mentoring programme to weekly support vulnerable and disadvantaged young people, delivered by Action For Children. This evening was so helpful, some of us are signing up to help build healthy lives. Quite a few of us couldn't make it, so we will do another Q&A session on Zoom on Wednesday December 2 from 7.30 to 9pm. Click this [link](#) at that time. Or [email IPCS](#) for more info or details. You could also join by phone, by dialling 0131-4601196, and using meeting ID: 651 352 1976. Find out more here through two inspiring videos: [2 min](#), [19 min](#) (with Nicola Sturgeon).

Verse of the week 'Must receive Christ' memory verse 20 Revelation 3:20

'Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me.'

More info: <https://www.navigators.org/resource/topical-memory-system/>.

Faith interviews with Jason Leitch and Kate Forbes

National Clinical Director of the Scottish Government Jason Leitch shares in a 27 minute [interview](#) about his background in Nazarene and Baptist churches. He says 'Church isn't just for going, church is for serving.' After 20 minutes he is asked how his faith is interwoven with his career. He shares that faith is essential to all the values and decision making he has done throughout his life. He goes on to talk about Bible verses that are important to him; Mark 9:24 and James 2:17, and says that the task of the church is to provide care and service to others. 'Worship, prayer cannot function fully without also a ministry like a foodbank.'

[Kate Forbes](#) is the Scottish Cabinet Secretary for Finance. She shares that she is guided by the principle 'What does it mean to genuinely love my neighbour?' and inspired by Isaiah 58:11. She shares that in gale-force winds we all face there are deeper truths of God that can take us through them and Christ will provide an anchor, joy and peace as we trust Him.

May we be diligent in our prayers for them and others in positions of Government and power.

God's call in the time of Covid-19 at Christmas

On Monday 23rd November at 2 pm we can join in a free webinar with the Presbytery of Abernethy. This will be a one-hour online session exploring the theme of God's call in the time of Covid-19 at Christmas, a 'reach out to help out' scheme, with Dr Michael Harvey. A process called Acorn is a simple and prayerful way for each of us to respond to with those around us facing isolation, disappointment, anxiety, and life or even God questions. There will be an opportunity during the webinar to discuss the ideas and how they might be helpful to your church situation this Christmas. To book a slot or for more information, please contact Robbie.Morrison@churchofscotland.org.uk.

List of Church Web Links

Are they open? When is the service? How can I get in touch? What does their building look like? And a million other questions you might have can perhaps be answered by clicking any of the links below. -We hope the list is correct and full, please let us know if there are any additions and/or amendments.-

Ardersier, Petty

<https://www.facebook.com/pages/category/Christian-Church/Ardersier-parish-church-103497564629905/>

the Barn

<https://www.barnchurch.org.uk/>
<https://www.youtube.com/channel/UCbOxqHCUifxvQyRfGW3qZzQ>
<https://en-gb.facebook.com/barnchurch/>

Cawdor, Croy

<https://www.facebook.com/CCDParishes/>

Crown

<https://www.crown-church.co.uk/>
<https://www.facebook.com/CrownChurchInverness/>

Daviot, Dunlichty, Moy, Dalarossie, Tomatin

<http://www.strathsnairnanddearn.co.uk/>

East

<https://www.invernesseast.co.uk/>
<https://www.youtube.com/channel/UCeSVz2rHmaZHN0w7xEB6Bw>
<https://www.facebook.com/eastinverness/>

Dalneigh & Bona

<https://www.dalneighandbonachurch.org.uk/>
<https://en-gb.facebook.com/dalneighandbona/>

Hilton

<http://hiltonchurch.org.uk/>
<https://www.youtube.com/channel/UCOpF0aE2r1ktkY9nZ5DPxyw>
<https://www.facebook.com/hiltonchurchinverness/>

Inshes

<https://www.insheschurch.org/>
https://www.youtube.com/channel/UCeFw5vz39WcM_7YqUg8VP7A
<https://www.facebook.com/insheschurchofscotland/>

Kilmorack & Erchless (Beauly)

<https://www.beaulychurch.org.uk/>
<https://www.youtube.com/channel/UCNqU9Mz9RrhKOB0h2oJqDD-Q>
<https://www.facebook.com/beaulychurch/>

Kiltarlity & Kirkhill

<http://www.kiltarlityandkirkhill.org.uk/>
<https://en-gb.facebook.com/kiltarlitykirkhillchurches/>

Kinmylies

<https://www.kinmylies.co.uk/welcome.htm>
<https://www.youtube.com/channel/UCQoURrtaxgRko2qDixAtL9Q>
<https://en-gb.facebook.com/pages/category/Religious-Organization/Kinmylies-Church-305811179434621/>

Nairn Old

<http://www.nairnold.org.uk/>

Nairn St Ninians, Auldearn

<https://www.nairnstninians.org/>
<https://en-gb.facebook.com/pg/stniniansauldearn/posts/>

Ness Bank

<https://www.nessbank.net/>
<https://en-gb.facebook.com/nessbankcos/>

Old High, St Stephens

<https://www.oldhighststephens.com/>
<https://www.youtube.com/channel/UCGGqArlyf3GHfwU346ie7Q>
<https://www.facebook.com/oldhighststephens/>

St Columba's, Dores & Boleskine

<http://stcolumbainverness.org/>
https://www.youtube.com/channel/UChevAlYfZ_AjRr2v0O9Fz7XQ
<https://www.facebook.com/invernessStColumba/>

Trinity

<http://trinityinverness.org.uk/>
<https://www.facebook.com/pages/category/Religious-Organization/Trinity-Church-Inverness-1736394606589421/>

Urquhart & Glenmoriston

<https://lochnesschurch.org/>
<https://www.youtube.com/channel/UCUXqSPmvi0FrlFSLUqiCEA>
<https://www.facebook.com/pg/LochNessChurch/posts/>

Help available

-(Food) supplies for people at Trinity church; an emergency supplies store to facilitate churches in meeting needs please contact Margaret Ryles on 01463 222802 or email mgt574@hotmail.com.

-£15 Mobile E-voucher top ups on EE, Vodafone and O2. If you know of anyone struggling in your areas or a programme that might need support, do get in touch via Paul (below) you would like access to any of these.

-New Start Highland can help struggling people with vouchers of £49 towards energy costs, as well as sanitary products, baby nappies, toiletries and food boxes. Contact Paul for more info.

-Benefits/counselling services. The single free helpline number – **0300 303 1362** – will connect callers to relevant Council specialist teams (Mon to Fri from 8am to 6pm).

Latest advice on Covid-19

This is a common section in every newsletter just to make sure you can access relevant and up to date info:

[NHS ~ HIGHLAND COUNCIL ~ CHURCHOFSCOTLAND](#)
<https://www.covidhelp4highland.org/resources-and-information.html>
<https://www.readyscotland.org/coronavirus/>
<https://www.foodstandards.gov.scot/consumers/food-safety/coronavirus>

IPCS

Please contact us with your stories and signs of hope,

Please contact us for further help or info, or let us know if you'd like to be added to (or taken off) the email list (people from beyond Inverness Presbytery are welcome too)

We thank many for their advice and input.

IPCS consists of Mission Development Worker Paul Haringman with support from Adrienne Dempster, Russell Lees, Kathleen Mackinnon, Jean Scott, Linda Cook and Sheila Murray

Contact Paul on 07837903277 or paulharingman.mission@gmail.com.