APRIL/MAY 2025 - ISSUE 10

# UHICU NEWSLETTER

SHARING THE GOOD NEWS

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# <u>IN THE</u> <u>DEPTHS, HE</u> <u>IS THERE</u>

BY MICHELLE ROSS

As a developing Christian Union, we have had to develop an understanding of the challenges faced by our fellow peers as we have sought to work in mission. One of the most pressing difficulties we have witnessed is the isolation that comes with student life. This loneliness creates a foothold of pain within individual lives, where the result is a rejection and disinterest in the word of God. In many ways, the battle with our own emotions can be the most challenging to overcome, and a reality many people find themselves lost in. Yet, as Christians, within this darkness on our campus we work to share a great truth with the students we speak to. The truth that when we are in Jesus, we are never alone. He will never leave us, nor forsake us, and His love for us is great and boundless. No matter the depths of despair and difficulty we find ourselves in, He is there. The Lord hears the cries of those who trust in Him, and delivers them out of every trouble. There is no battle He cannot win, and the heartbreaking emotions we feel from isolation stand futile against His loving presence, and the knowledge of His perfect character. He provides unparallelled security. This truth provides the utmost reassurance that there is comfort, even for those who feel there is no hope to be found.

## <u>CHRISTIANS</u> <u>IN SPORT</u> <u>QUIZ</u>

BY AMY MUSTARDE

Last month, the Christians In Sport Inverness network ran a sports quiz at the rugby club which a team of 11 people from the UHI CU Badminton Club attended. The notoriously hard quiz was a great chance to spend more time with UHI students, and the gospel talk in the middle of the quiz allowed CU members to follow up with students about their thoughts on what the speaker said. Although our team didn't win, it was a good laugh, and we pray that seeds will have been sown from the message. "Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you."

DEUTERONOMY 31:6 (NIV)

## <u>WORSHIP</u> <u>MUSIC THAT</u> <u>HAS</u> <u>ENCOURAGED</u> US

- REDEMPTION -MAXIMILIAN, ONE HOPE PROJECT
- IN THE ROOM -MAVERICK CITY MUSIC, NAOMI RAINE, CHANDLER MOORE, TASHA COBBS LEONARD
- GREAT IS THY
  FAITHFULNESS/HOW
  HE LOVES CELTIC
  WORSHIP
- IN THE FIRE JOSIAH
  QUEEN

## <u>CUPCAKE</u> <u>DECORATING</u> <u>EVENT</u>

BY SHONA MACKAY

During our events week earlier this year, we held a Cupcake Decorating Night. We were delighted to be joined by a some lovely guests from Cornhill Scotland, who helped us to make it a success. It was really great to speak to them about the work they do, hear of the way they came to know the Lord, and learn why they decided to step into ministry study. Felix, an attendee from Cornhill, shared a talk during the evening, explaining who Jesus is, why He came into this world, why He had to die for us

on the cross, and who exactly He died for. His explanation was very clear, making it easy for students who had never heard the good news of Jesus before, to understand. We had a fun night of decorating cupcakes, with some very questionable food combinations of icing and pringles! There was a prize for the best cupcakes, with the winner taking home a massive chocolate bar, which I'm sad to say I didn't win! The evening was such a success bringing in lots of new faces, allowing us to eat yummy bakes and ultimately share Christ's love with students who may have never encountered this truth before, and we continue to pray for those who attended.

# BADMINTON CLUB

#### BY KYLE FRASER

The Badminton Club continues to run weekly on Wednesdays as a casual drop-in for all students. Students are welcomed to play either casually or competitively. At the end of each session, there is usually a game of 'Around The World', involving everyone as a group, as we pass the shuttlecock from person-toperson in the queue. As the Badminton Club is run by our Christian Union, we seek to bring up the mission of the CU in conversation, and familiarise students with the truth of Jesus. Some regular attendees from our Badminton Club have started coming along to the Monday Bible Study meetings, for a chance to explore more about the Christian faith, and we pray for Jesus' work in their hearts.

### **PRAYER POINTS**

- PRAY FOR THE FRIENDSHIPS MADE THROUGH OUR BADMINTON SESSIONS, THAT WE WOULD RECEIVE OPPORTUNITIES TO HAVE MEANINGFUL CONVERSATIONS WITH THESE NEW FRIENDS ABOUT THE LOVE OF JESUS.
- PRAY FOR OUR MEMBERS DURING THE HOLIDAYS, THAT THE EASTER BREAK WOULD BE A TIME OF REST IN CHRIST, ALLOWING US TO REMEMBER HIS SACRIFICE AND GIFT OF SALVATION.
- PRAY FOR OUR END OF TERM EVENTS, THAT THE LORD WOULD PROVIDE US WITH WISDOM ON HOW TO BEST REACH THE STUDENTS ON CAMPUS, TO SHARE HIS TRUTH.
- PRAY FOR THOSE WITHIN OUR CHRISTIAN UNION WHO ARE SEEKING TO KNOW CHRIST, THAT THE LORD WOULD GRANT THEM WITH TRUST AND FAITH IN HIM, WHERE THEY WOULD BE REASSURED BY HIS GRACIOUS MERCY AND LOVE.

# <u>FORUM</u> <u>SCOTLAND</u>

BY MAKSYMILIAN GAJEWSKI

The CU recently attended Forum Scotland, which was held from the 28th of February to the 2nd of March. It was an exciting event for me, as I had never attended something like this before. The first day started with an evening talk and ended with a Ceilidh, which was very fun for a first time experience. The next day, following morning prayer, offered many opportunities to meet new people and connect more with Jesus Christ. There were many group tasks where each CU had to identify their strengths and weaknesses, and then work together to bring new ideas to the table on how we can spread the word of Jesus further on campus. The final day was packed with amazing talks and activities which encouraged teamwork and critical thinking towards the events and activities that could be introduced by each CU. Overall, the event not only educated me on how to use my current skills to be a better person, but also how I can connect with Jesus Christ more, and spread that joy to others.



# CONTACT

- Email: uhicu.ness@gmail.com
- Facebook: University Of The Highlands And Islands Christian Union
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## SUPPORT US

 If you would like to know more about supporting us (including financially), please get in contact via our email address, and we will get back to you shortly.

## <u>DATES FOR</u> YOUR DIARY

MONDAY MEETINGS -INSHES EAST CHURCH -7:30PM

- 28TH APRIL
- 12TH MAY
- 26TH MAY

BADMINTON SESSIONS -UHI MAIN CAMPUS (SPORTS HALL) - 4PM-6PM

• EVERY WEDNESDAY

BIBLE TALK FOR STUDENTS ABOUT INTERNATIONAL CHRISTIAN MISSION -INSHES EAST CHURCH -7:30PM

• 25TH APRIL